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Dear Parents / Annwyl Rhieni

We have had a case of head lice in school so please check your child's hair carefully and treat accordingly

Headlice

- ❖ Head lice are small insects with moving legs.
- ❖ They live very close to the scalp.
- ❖ Anybody can get head lice – adults and children.
- ❖ Head lice live in all types of hair – dirty or clean, short or long.
- ❖ Head lice can be caught from close family and friends in the home and community, as well as School.

Regular hair care will help to spot lice easily

The best way to stop the spread of head lice is for families to check their **heads carefully by regular wet combing using a detector comb**. These can be bought from most pharmacists.

- 1) Wash the hair well and towel dry
- 2) Ensure that there is good lighting
- 3) Comb the hair with an ordinary comb
- 4) Using the detector comb begin at the top of the head and making sure that the comb is touching the scalp, slowly draw the comb towards the ends of the hair. The use of conditioner may ease the process
- 5) Check the teeth of the comb carefully for lice after each stroke
- 6) Repeat steps 4 & 5 working your way around the head from the top of the scalp to the ends of the hair
- 7) Check all members of your family
- 8) Clean the comb under the tap with water

Checking the hair once a week helps to spot lice early

Yours sincerely / Yr eiddoch yn gywir

Janet Meaden, Headteacher



BASIC SKILLS QUALITY MARK